



Australian Family Support Referral Services

GENERAL

Alcohol and Drug Information Service	02 9361 2111
Alzheimer Association	02 9805 0100
Cancer Information Services NSW:	131120
Other States:	1800 422 760
Carers NSW Inc:	1800 242 636
Centracare Early Intervention Centre:	02 9283 3099
Child Abuse Advice and Information:	1800 066 777
Council of the Aging:	02 9299 4100
Disability Information & Referral:	02 9375 1444
Domestic Violence Line:	1800 656 463
Ethnic Child care, Family & Community Services Coop:	02 9569 1288
Family Planning Association:	02 9716 6099
Home Care Service NSW:	02 9689 2666
Kids Help Line (Children Only)	1800 551 800
Lone Parent Family Support Service:	02 9251 5622
Lifeline (24hrs)	13 11 14
Mental Health Centre:	02 9816 5688
NSW Council for Intellectual Disability:	1800 424 065
Parentline:	13 20 55
Poisons Information Centre:	13 11 26
Relationships Australia:	1800 801 578

NURSING MOTHERS ASSOCIATIONS

New South Wales	02 9639 8686
A.C.T. and Southern NSW	06 258 8928
Queensland	07 3844 6488
South Australia	08 8411 0050
Victoria	03 9877 5011
Tasmania	03 6223 2609
Western Australia	08 9309 5393
Northern Territory	08 8981 7086



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MOTHERCRAFT SPECIALISTS

New South Wales

Karitane (24hrs) Metro 02 9794 1800

Rural 1800 677 961

Tressillian 02 9569 5400

A.C.T.

Queen Elizabeth II Hospital 06 248 0813

Queensland

Riverton Central Residential 07 3860 7111

South Australia

Child, Adolescent & Family Health 08 8303 1500

Victoria

Queen Elizabeth Centre 03 9347 2777

Tasmania

Parenting Centre 03 6233 2700

Western Australia

Ngala Family Resource Centre 08 9367 7855

HEALTH

New South Wales

Health and Family Services: Metro 02 9225 3555

Rural 1800 048 998

A.C.T.

Child Health Services 06 287 0777

Queensland

Child Health Services 07 3360 2555

South Australia

Child, Adolescent & Family Health 08 8303 1500

Victoria

Community Health Service 03 9604 4000

Tasmania

Community Health Service 03 6233 8011

Western Australia

Human Services and Health 08 9346 5111

Northern Territory

Community Care Centres 08 8927 2575